

RIGOLATOR 2010

3. Jedermann-Triathlon

**6. Juni 2010
in Riegel am Kaiserstuhl**

ERGEBNISLISTE

Veranstalter: Turnverein Riegel 1965 e.V.

Profi am 06.06.2010

Ergebnisliste - Männer

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | | Bike | | Run | | Endzeit | |
|-----|-----|----------------------------|-------------------------|----|--------|------|-------|------|---------|-----|-------|---------|----------|
| 1 | 4 | Zipf, Jonathan | Ejot Team Buschütten | 86 | M20 | 1 | 5:02 | 1 | 38:56 | 2 | 18:36 | 1 | 1:02:34 |
| 2 | 59 | Hinze, David | SF Domstadt | 80 | M30 | 1 | 5:26 | 3 | 39:39 | 3 | 20:23 | 2 | 1:05:28 |
| 3 | 2 | Müller, Mike | TV Riegel | 70 | M40 | 1 | 6:35 | 15 | 38:16 | 1 | 20:54 | 5 | 1:05:45 |
| 4 | 1 | Clavel, Maurice | WMF BKK- Team AST- Sü | 88 | M20 | 2 | 5:03 | 2 | 40:02 | 4 | 20:59 | 6 | 1:06:04 |
| 5 | 24 | Bock, Michael | Tri Team Freiburg | 65 | M45 | 1 | 5:29 | 4 | 40:04 | 5 | 21:38 | 10 | 1:07:11 |
| 6 | 47 | Klumpp, Matthias | TSG Reutlingen | 68 | M40 | 2 | 5:53 | 5 | 40:48 | 7 | 20:44 | 3 | 1:07:25 |
| 7 | 48 | Wagner, Frank | TSG Reutlingen | 76 | M30 | 2 | 5:59 | 7 | 40:59 | 10 | 21:45 | 12 | 1:08:43 |
| 8 | 62 | Pfistner, Ralf | SG Stern Gaggenau | 77 | M30 | 3 | 6:11 | 8 | 41:07 | 11 | 21:28 | 8 | 1:08:46 |
| 9 | 10 | Keller, Philipp | TNB Malterdingen | 83 | M25 | 1 | 6:14 | 9 | 40:58 | 9 | 20:45 | 4 | 1:08:57* |
| 10 | 3 | Müller, Jochen | SV Kirchzarten | 74 | M35 | 1 | 6:34 | 13 | 41:28 | 13 | 21:14 | 7 | 1:09:16 |
| 11 | 46 | Kocher, Frank | Tria Basilea | 69 | M40 | 3 | 7:17 | 23 | 40:52 | 8 | 21:39 | 11 | 1:09:48 |
| 12 | 38 | Lutterbeck, Thomas | SV Kirchzarten | 79 | M30 | 4 | 6:34 | 13 | 41:10 | 12 | 22:14 | 14 | 1:09:58 |
| 13 | 11 | Krams, Roland | TNB Malterdingen | 77 | M30 | 5 | - | - | 48:03 | - | 22:30 | 15 | 1:10:33 |
| 14 | 53 | Weiß, Raphael | ENCW Team TSV Calw | 88 | M20 | 3 | 6:26 | 12 | 42:34 | 18 | 21:36 | 9 | 1:10:36 |
| 15 | 40 | Maier, Daniel | SV Schramberg | 85 | M25 | 2 | 5:57 | 6 | 41:45 | 14 | 22:53 | 18 | 1:11:35* |
| 15 | 12 | Maier, Matthias | TNB Malterdingen | 72 | M35 | 2 | 7:22 | 25 | 40:35 | 6 | 23:38 | 21 | 1:11:35 |
| 17 | 22 | Zipf, David | TNB Malterdingen | 65 | M45 | 2 | 6:17 | 10 | 43:32 | 21 | 22:08 | 13 | 1:11:57 |
| 18 | 30 | Jörg, Andreas | Tri Team Freiburg | 79 | M30 | 6 | 7:03 | 19 | 42:14 | 16 | 22:41 | 16 | 1:11:58 |
| 19 | 27 | Haas, Matthias | Tri Team Freiburg | 81 | M25 | 3 | 6:51 | 16 | 42:03 | 15 | 23:49 | 24 | 1:12:43 |
| 20 | 17 | Stolpe, Stefan | TNB Malterdingen | 73 | M35 | 3 | 7:09 | 21 | 42:29 | 17 | 22:47 | 17 | 1:13:25* |
| 21 | 63 | Neuburger, Michael | Sparda-TeamRechbergha | 63 | M45 | 3 | 7:33 | 29 | 43:39 | 22 | 23:11 | 19 | 1:15:23* |
| 22 | 37 | Haupt, Jochen | SV Kirchzarten | 68 | M40 | 4 | 7:51 | 33 | 43:29 | 20 | 24:21 | 25 | 1:15:41 |
| 23 | 44 | Mayer, Gernot | TV Pfaffenweiler | 67 | M40 | 5 | 7:59 | 36 | 44:16 | 25 | 23:45 | 22 | 1:16:00 |
| 24 | 26 | Eschle, Volker | Tri Team Freiburg | 63 | M45 | 4 | 6:24 | 11 | 44:31 | 26 | 25:07 | 29 | 1:16:02 |
| 25 | 21 | Vogt, Christian | TNB Malterdingen | 83 | M25 | 4 | 7:23 | 26 | 45:00 | 27 | 23:45 | 22 | 1:16:08 |
| 26 | 41 | Gissler, Stefan | TV Pfaffenweiler | 66 | M40 | 6 | 7:20 | 24 | 43:44 | 24 | 25:08 | 30 | 1:16:12 |
| 27 | 18 | Tritschler, Martin | TNB Malterdingen | 58 | M50 | 1 | 7:56 | 35 | 43:13 | 19 | 24:23 | 26 | 1:16:32* |
| 28 | 68 | Schuler, Florian | SV 69 Furtwangen | 89 | M20 | 4 | 6:51 | 16 | 43:39 | 22 | 26:17 | 31 | 1:16:47 |
| 29 | 42 | Kretschmer, Mike | TV Pfaffenweiler | 67 | M40 | 7 | 7:01 | 18 | 45:12 | 28 | 25:00 | 27 | 1:17:13 |
| 30 | 54 | May, Michael | PhysiotherapieMaySabine | 64 | M45 | 5 | 7:10 | 22 | 46:02 | 34 | 26:46 | 33 | 1:19:58 |
| 31 | 35 | Dreher, Thomas | Tri Team Kaiserstuhl | 61 | M45 | 6 | 7:54 | 34 | 45:40 | 32 | 26:55 | 34 | 1:20:29 |
| 32 | 34 | Zwick, Stefan | Tri Team Freiburg | 81 | M25 | 5 | 8:23 | 40 | 45:38 | 31 | 26:29 | 32 | 1:20:30 |
| 33 | 28 | Heiny, Daniel | Tri Team Freiburg | 78 | M30 | 7 | 8:24 | 41 | 47:47 | 43 | 23:33 | 20 | 1:20:44* |
| 34 | 61 | Kraft, Thomas | SG Stern Gaggenau | 68 | M40 | 8 | 8:31 | 42 | 45:29 | 29 | 27:31 | 37 | 1:21:31 |
| 35 | 23 | Zügel, Volker | TNB Malterdingen | 64 | M45 | 7 | 9:46 | 45 | 47:01 | 40 | 25:01 | 28 | 1:21:48 |
| 36 | 32 | Kübler, Thomas | Tri Team Freiburg | 63 | M45 | 8 | 7:30 | 28 | 46:00 | 33 | 28:27 | 42 | 1:21:57 |
| 37 | 43 | Mader, Manuel | TV Pfaffenweiler | 78 | M30 | 8 | 7:36 | 30 | 46:07 | 36 | 27:27 | 36 | 1:22:10* |
| 38 | 15 | Stader, Klaus | TNB Malterdingen | 56 | M50 | 2 | 7:28 | 27 | 46:05 | 35 | 29:20 | 46 | 1:22:53 |
| 39 | 9 | Griesbaum, Wolfram | TNB Malterdingen | 75 | M35 | 4 | 8:18 | 38 | 46:36 | 38 | 28:05 | 40 | 1:22:59 |
| 40 | 33 | Salb, Markus | Tri Team Freiburg | 75 | M35 | 5 | 7:38 | 31 | 48:47 | 46 | 27:04 | 35 | 1:23:29 |
| 41 | 58 | Müller, Dieter | SC Lauf | 59 | M50 | 3 | 8:21 | 39 | 45:34 | 30 | 30:39 | 48 | 1:24:34 |
| 42 | 36 | Grüner, Joachim | Tri Team Kaiserstuhl | 60 | M50 | 4 | 7:03 | 19 | 48:09 | 44 | 29:42 | 47 | 1:24:54 |
| 43 | 8 | Borchert, Günther-Francisc | TNB Malterdingen | 59 | M50 | 5 | 7:50 | 32 | 46:22 | 37 | 30:46 | 49 | 1:24:58 |
| 44 | 7 | Bockstatt, Jörg | TNB Malterdingen | 64 | M45 | 9 | 10:11 | 47 | 47:40 | 42 | 27:39 | 39 | 1:25:30 |
| 45 | 14 | Reichert, Martin | TNB Malterdingen | 71 | M35 | 6 | 7:59 | 36 | 46:51 | 39 | 30:51 | 50 | 1:25:41 |
| 46 | 66 | Riegel, Volker | Spvgg Stetten | 69 | M40 | 9 | 8:39 | 43 | 49:13 | 48 | 28:05 | 40 | 1:25:57 |
| 47 | 50 | Frietsch, Werner | TUS Großweier | 56 | M50 | 6 | 11:05 | 49 | 48:11 | 45 | 27:38 | 38 | 1:26:54 |
| 48 | 49 | Bartz, Hans-Joachim | TUS Großweier | 53 | M55 | 1 | 9:47 | 46 | 47:11 | 41 | 31:45 | 51 | 1:28:43 |
| 49 | 13 | Nönninger, Andreas | TNB Malterdingen | 69 | M40 | 10 | 10:13 | 48 | 48:54 | 47 | 28:39 | 43 | 1:28:46* |
| 50 | 51 | Claus, Michael | CWK Team-Spiridon Frank | 63 | M45 | 10 | 8:59 | 44 | 52:06 | 49 | 28:57 | 44 | 1:30:02 |
| 51 | 57 | Hauger, Georg | PSV Offenburg | 57 | M50 | 7 | 12:01 | 50 | 57:40 | 50 | 29:11 | 45 | 1:38:52 |
| 52 | 45 | Wolter, Reinhold | TV Pfaffenweiler | 36 | M70 | 1 | 12:41 | 51 | 1:03:36 | 51 | 37:44 | 52 | 1:54:01 |

* Endzeit beinhaltet Zeitstrafe

Profi am 06.06.2010

Ergebnisliste - Frauen

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit |
|-----|-----|-----------------------|-------------------------|----|--------|--------|---------|---------|---------|
| 1 | 70 | Hill, Kathrin | Cross Team | 75 | W35 1 | 6:36 2 | 44:32 2 | 24:36 1 | 1:15:44 |
| 2 | 6 | Blache, Verena | TNB Malterdingen | 79 | W30 1 | 7:02 6 | 44:20 1 | 26:02 2 | 1:17:24 |
| 3 | 20 | Tritschler, Sandra | TNB Malterdingen | 89 | W20 1 | 6:07 1 | 47:14 4 | 27:02 3 | 1:20:23 |
| 4 | 16 | Stader, Rebecca | TNB Malterdingen | 88 | W20 2 | 6:42 4 | 46:31 3 | 27:56 6 | 1:21:09 |
| 5 | 25 | Boos, Annika | Tri Team Freiburg | 87 | W20 3 | 6:58 5 | 47:27 5 | 27:18 4 | 1:21:43 |
| 6 | 29 | Strauch, Stefanie | Tri Team Freiburg | 81 | W25 1 | 7:24 7 | 50:59 6 | 27:54 5 | 1:26:17 |
| 7 | 19 | Tritschler, Mira | TNB Malterdingen | 92 | W18 1 | 6:37 3 | 51:59 7 | 32:00 7 | 1:30:36 |
| 8 | 52 | Claus-Weiher, Daniela | CWK Team-Spiridon Frank | 70 | W40 1 | 9:02 8 | 52:02 8 | 32:15 8 | 1:33:19 |

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Ergebnisliste - TW 18-19

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit |
|-----|-----|------------------|------------------|----|--------|--------|---------|---------|---------|
| 1 | 19 | Tritschler, Mira | TNB Malterdingen | 92 | W18 1 | 6:37 1 | 51:59 1 | 32:00 1 | 1:30:36 |

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Ergebnisliste - TM 20-24

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit |
|-----|-----|------------------|-----------------------|----|--------|--------|---------|---------|---------|
| 1 | 4 | Zipf, Jonathan | Ejot Team Buschütten | 86 | M20 1 | 5:02 1 | 38:56 1 | 18:36 1 | 1:02:34 |
| 2 | 1 | Clavel, Maurice | WMF BKK- Team AST- Sü | 88 | M20 2 | 5:03 2 | 40:02 2 | 20:59 2 | 1:06:04 |
| 3 | 53 | Weiß, Raphael | ENCW Team TSV Calw | 88 | M20 3 | 6:26 3 | 42:34 3 | 21:36 3 | 1:10:36 |
| 4 | 68 | Schuler, Florian | SV 69 Furtwangen | 89 | M20 4 | 6:51 4 | 43:39 4 | 26:17 4 | 1:16:47 |

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Ergebnisliste - TW 20-24

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit |
|-----|-----|--------------------|-------------------|----|--------|--------|---------|---------|---------|
| 1 | 20 | Tritschler, Sandra | TNB Malterdingen | 89 | W20 1 | 6:07 1 | 47:14 2 | 27:02 1 | 1:20:23 |
| 2 | 16 | Stader, Rebecca | TNB Malterdingen | 88 | W20 2 | 6:42 2 | 46:31 1 | 27:56 3 | 1:21:09 |
| 3 | 25 | Boos, Annika | Tri Team Freiburg | 87 | W20 3 | 6:58 3 | 47:27 3 | 27:18 2 | 1:21:43 |

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Ergebnisliste - TM 25-29

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit |
|-----|-----|-----------------|-------------------|----|--------|--------|---------|---------|----------|
| 1 | 10 | Keller, Philipp | TNB Malterdingen | 83 | M25 1 | 6:14 2 | 40:58 1 | 20:45 1 | 1:08:57* |
| 2 | 40 | Maier, Daniel | SV Schramberg | 85 | M25 2 | 5:57 1 | 41:45 2 | 22:53 2 | 1:11:35* |
| 3 | 27 | Haas, Matthias | Tri Team Freiburg | 81 | M25 3 | 6:51 3 | 42:03 3 | 23:49 4 | 1:12:43 |
| 4 | 21 | Vogt, Christian | TNB Malterdingen | 83 | M25 4 | 7:23 4 | 45:00 4 | 23:45 3 | 1:16:08 |
| 5 | 34 | Zwick, Stefan | Tri Team Freiburg | 81 | M25 5 | 8:23 5 | 45:38 5 | 26:29 5 | 1:20:30 |

* Endzeit beinhaltet Zeitstrafe

Profi am 06.06.2010

Ergebnisliste - TW 25-29

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit |
|-----|-----|-------------------|-------------------|----|--------|--------|---------|---------|---------|
| 1 | 29 | Strauch, Stefanie | Tri Team Freiburg | 81 | W25 1 | 7:24 1 | 50:59 1 | 27:54 1 | 1:26:17 |

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|--------------------------|-----|--------------------|-------------------|----|--------|------|---|-------|---|-------|---|----------|
| Ergebnisliste - TM 30-34 | | | | | | | | | | | | |
| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | | Bike | | Run | | Endzeit |
| 1 | 59 | Hinze, David | SF Dornstadt | 80 | M30 1 | 5:26 | 1 | 39:39 | 1 | 20:23 | 1 | 1:05:28 |
| 2 | 48 | Wagner, Frank | TSG Reutlingen | 76 | M30 2 | 5:59 | 2 | 40:59 | 2 | 21:45 | 3 | 1:08:43 |
| 3 | 62 | Pfistner, Ralf | SG Stern Gaggenau | 77 | M30 3 | 6:11 | 3 | 41:07 | 3 | 21:28 | 2 | 1:08:46 |
| 4 | 38 | Lutterbeck, Thomas | SV Kirchzarten | 79 | M30 4 | 6:34 | 4 | 41:10 | 4 | 22:14 | 4 | 1:09:58 |
| 5 | 11 | Krams, Roland | TNB Malterdingen | 77 | M30 5 | - | - | 48:03 | - | 22:30 | 5 | 1:10:33 |
| 6 | 30 | Jörg, Andreas | Tri Team Freiburg | 79 | M30 6 | 7:03 | 5 | 42:14 | 5 | 22:41 | 6 | 1:11:58 |
| 7 | 28 | Heiny, Daniel | Tri Team Freiburg | 78 | M30 7 | 8:24 | 7 | 47:47 | 7 | 23:33 | 7 | 1:20:44* |
| 8 | 43 | Mader, Manuel | TV Pfaffenweiler | 78 | M30 8 | 7:36 | 6 | 46:07 | 6 | 27:27 | 8 | 1:22:10* |

* Endzeit beinhaltet Zeitstrafe

| Profi am 06.06.2010 | | | | | | | | | | | | |
|--------------------------|-----|----------------|------------------|----|--------|------|---|-------|---|-------|---|---------|
| Ergebnisliste - TW 30-34 | | | | | | | | | | | | |
| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | | Bike | | Run | | Endzeit |
| 1 | 6 | Blache, Verena | TNB Malterdingen | 79 | W30 1 | 7:02 | 1 | 44:20 | 1 | 26:02 | 1 | 1:17:24 |

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|--------------------------|-----|--------------------|-------------------|----|--------|------|---|-------|---|-------|---|----------|
| Ergebnisliste - TM 35-39 | | | | | | | | | | | | |
| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | | Bike | | Run | | Endzeit |
| 1 | 3 | Müller, Jochen | SV Kirchzarten | 74 | M35 1 | 6:34 | 1 | 41:28 | 2 | 21:14 | 1 | 1:09:16 |
| 2 | 12 | Maier, Matthias | TNB Malterdingen | 72 | M35 2 | 7:22 | 3 | 40:35 | 1 | 23:38 | 3 | 1:11:35 |
| 3 | 17 | Stolpe, Stefan | TNB Malterdingen | 73 | M35 3 | 7:09 | 2 | 42:29 | 3 | 22:47 | 2 | 1:13:25* |
| 4 | 9 | Griesbaum, Wolfram | TNB Malterdingen | 75 | M35 4 | 8:18 | 6 | 46:36 | 4 | 28:05 | 5 | 1:22:59 |
| 5 | 33 | Salb, Markus | Tri Team Freiburg | 75 | M35 5 | 7:38 | 4 | 48:47 | 6 | 27:04 | 4 | 1:23:29 |
| 6 | 14 | Reichert, Martin | TNB Malterdingen | 71 | M35 6 | 7:59 | 5 | 46:51 | 5 | 30:51 | 6 | 1:25:41 |

* Endzeit beinhaltet Zeitstrafe

| Profi am 06.06.2010 | | | | | | | | | | | | |
|--------------------------|-----|---------------|------------|----|--------|------|---|-------|---|-------|---|---------|
| Ergebnisliste - TW 35-39 | | | | | | | | | | | | |
| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | | Bike | | Run | | Endzeit |
| 1 | 70 | Hill, Kathrin | Cross Team | 75 | W35 1 | 6:36 | 1 | 44:32 | 1 | 24:36 | 1 | 1:15:44 |

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|--------------------------|-----|--------------------|-------------------|----|--------|-------|----|-------|----|-------|----|----------|
| Ergebnisliste - TM 40-44 | | | | | | | | | | | | |
| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | | Bike | | Run | | Endzeit |
| 1 | 2 | Müller, Mike | TV Riegel | 70 | M40 1 | 6:35 | 2 | 38:16 | 1 | 20:54 | 2 | 1:05:45 |
| 2 | 47 | Klump, Matthias | TSG Reutlingen | 68 | M40 2 | 5:53 | 1 | 40:48 | 2 | 20:44 | 1 | 1:07:25 |
| 3 | 46 | Kocher, Frank | Tria Basilea | 69 | M40 3 | 7:17 | 4 | 40:52 | 3 | 21:39 | 3 | 1:09:48 |
| 4 | 37 | Haupt, Jochen | SV Kirchzarten | 68 | M40 4 | 7:51 | 6 | 43:29 | 4 | 24:21 | 5 | 1:15:41 |
| 5 | 44 | Mayer, Gernot | TV Pfaffenweiler | 67 | M40 5 | 7:59 | 7 | 44:16 | 6 | 23:45 | 4 | 1:16:00 |
| 6 | 41 | Gissler, Stefan | TV Pfaffenweiler | 66 | M40 6 | 7:20 | 5 | 43:44 | 5 | 25:08 | 7 | 1:16:12 |
| 7 | 42 | Kretschmer, Mike | TV Pfaffenweiler | 67 | M40 7 | 7:01 | 3 | 45:12 | 7 | 25:00 | 6 | 1:17:13 |
| 8 | 61 | Kraft, Thomas | SG Stern Gaggenau | 68 | M40 8 | 8:31 | 8 | 45:29 | 8 | 27:31 | 8 | 1:21:31 |
| 9 | 66 | Riegel, Volker | Spvgg Stetten | 69 | M40 9 | 8:39 | 9 | 49:13 | 10 | 28:05 | 9 | 1:25:57 |
| 10 | 13 | Nönninger, Andreas | TNB Malterdingen | 69 | M40 10 | 10:13 | 10 | 48:54 | 9 | 28:39 | 10 | 1:28:46* |

* Endzeit beinhaltet Zeitstrafe

| Profi am 06.06.2010 | | | | | | | | | | | |
|--------------------------|-----|-----------------------|-------------------------|----|--------|--------|---------|---------|---------|--|--|
| Ergebnisliste - TW 40-44 | | | | | | | | | | | |
| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit | | |
| 1 | 52 | Claus-Weiher, Daniela | CWK Team-Spiridon Frank | 70 | W40 1 | 9:02 1 | 52:02 1 | 32:15 1 | 1:33:19 | | |

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|--------------------------|-----|--------------------|-------------------------|----|--------|----------|----------|----------|----------|--|--|
| Ergebnisliste - TM 45-49 | | | | | | | | | | | |
| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit | | |
| 1 | 24 | Bock, Michael | Tri Team Freiburg | 65 | M45 1 | 5:29 1 | 40:04 1 | 21:38 1 | 1:07:11 | | |
| 2 | 22 | Zipf, David | TNB Malterdingen | 65 | M45 2 | 6:17 2 | 43:32 2 | 22:08 2 | 1:11:57 | | |
| 3 | 63 | Neuburger, Michael | Sparda-TeamRechbergha | 63 | M45 3 | 7:33 6 | 43:39 3 | 23:11 3 | 1:15:23* | | |
| 4 | 26 | Eschle, Volker | Tri Team Freiburg | 63 | M45 4 | 6:24 3 | 44:31 4 | 25:07 5 | 1:16:02 | | |
| 5 | 54 | May, Michael | PhysiotherapieMaySabine | 64 | M45 5 | 7:10 4 | 46:02 7 | 26:46 6 | 1:19:58 | | |
| 6 | 35 | Dreher, Thomas | Tri Team Kaiserstuhl | 61 | M45 6 | 7:54 7 | 45:40 5 | 26:55 7 | 1:20:29 | | |
| 7 | 23 | Zügel, Volker | TNB Malterdingen | 64 | M45 7 | 9:46 9 | 47:01 8 | 25:01 4 | 1:21:48 | | |
| 8 | 32 | Kübler, Thomas | Tri Team Freiburg | 63 | M45 8 | 7:30 5 | 46:00 6 | 28:27 9 | 1:21:57 | | |
| 9 | 7 | Bockstatt, Jörg | TNB Malterdingen | 64 | M45 9 | 10:11 10 | 47:40 9 | 27:39 8 | 1:25:30 | | |
| 10 | 51 | Claus, Michael | CWK Team-Spiridon Frank | 63 | M45 10 | 8:59 8 | 52:06 10 | 28:57 10 | 1:30:02 | | |

* Endzeit beinhaltet Zeitstrafe

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|--------------------------|-----|----------------------------|----------------------|----|--------|---------|---------|---------|----------|--|--|
| Ergebnisliste - TM 50-54 | | | | | | | | | | | |
| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit | | |
| 1 | 18 | Tritschler, Martin | TNB Malterdingen | 58 | M50 1 | 7:56 4 | 43:13 1 | 24:23 1 | 1:16:32* | | |
| 2 | 15 | Stader, Klaus | TNB Malterdingen | 56 | M50 2 | 7:28 2 | 46:05 3 | 29:20 4 | 1:22:53 | | |
| 3 | 58 | Müller, Dieter | SC Lauf | 59 | M50 3 | 8:21 5 | 45:34 2 | 30:39 6 | 1:24:34 | | |
| 4 | 36 | Grüner, Joachim | Tri Team Kaiserstuhl | 60 | M50 4 | 7:03 1 | 48:09 5 | 29:42 5 | 1:24:54 | | |
| 5 | 8 | Borchert, Günther-Francisc | TNB Malterdingen | 59 | M50 5 | 7:50 3 | 46:22 4 | 30:46 7 | 1:24:58 | | |
| 6 | 50 | Frietsch, Werner | TUS Großweier | 56 | M50 6 | 11:05 6 | 48:11 6 | 27:38 2 | 1:26:54 | | |
| 7 | 57 | Hauger, Georg | PSV Offenburg | 57 | M50 7 | 12:01 7 | 57:40 7 | 29:11 3 | 1:38:52 | | |

* Endzeit beinhaltet Zeitstrafe

| Profi am 06.06.2010 | | | | | | | | | | | |
|--------------------------|-----|---------------------|---------------|----|--------|--------|---------|---------|---------|--|--|
| Ergebnisliste - TM 55-59 | | | | | | | | | | | |
| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit | | |
| 1 | 49 | Bartz, Hans-Joachim | TUS Großweier | 53 | M55 1 | 9:47 1 | 47:11 1 | 31:45 1 | 1:28:43 | | |

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|--------------------------|-----|------------------|------------------|----|--------|---------|-----------|---------|---------|--|--|
| Ergebnisliste - TM 70-74 | | | | | | | | | | | |
| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit | | |
| 1 | 45 | Wolter, Reinhold | TV Pfaffenweiler | 36 | M70 1 | 12:41 1 | 1:03:36 1 | 37:44 1 | 1:54:01 | | |

Jedermann am 06.06.2010

Ergebnisliste - Männer

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit |
|-----|-----|----------------------|--------------------------|----|--------|----------|----------|----------|----------|
| 1 | 117 | Näger, Udo | A- Werk | 68 | M40 1 | 7:39 14 | 39:56 1 | 22:32 3 | 1:10:07 |
| 2 | 159 | Hasselmann, Johannes | ohne | 84 | M25 1 | 7:01 6 | 43:25 8 | 21:08 1 | 1:11:34 |
| 3 | 84 | Ebert, Christian | SH/SpeedzoneHerbolzhei | 74 | M35 1 | 7:32 12 | 41:37 3 | 23:00 4 | 1:12:09 |
| 4 | 78 | Schrempf, Michael | Printus | 80 | M30 1 | 7:40 16 | 43:06 6 | 21:52 2 | 1:12:38 |
| 5 | 85 | Schüssele, Roland | SH/SpeedzoneHerbolzhei | 70 | M40 2 | 7:40 16 | 41:25 2 | 24:08 8 | 1:13:13 |
| 6 | 125 | Oberle, Ralf | DLRG EM Anja`s Chicsaal | 68 | M40 3 | 7:21 9 | 42:03 4 | 24:37 10 | 1:14:01 |
| 7 | 138 | Schneider, Elmar | MusikvereinGroßweier | 75 | M35 2 | 8:27 30 | 42:59 5 | 24:20 9 | 1:15:46 |
| 8 | 115 | Zeinhofer, Heiko | Waldmatt | 71 | M35 3 | 6:23 3 | 44:38 11 | 25:20 14 | 1:16:21 |
| 9 | 118 | Rothenbücher, Denis | Berglen | 93 | M16 1 | 6:34 4 | 45:46 20 | 25:27 15 | 1:17:47 |
| 10 | 81 | Nowak, Stefan | RSV Wyhl/Speezone Herb | 72 | M35 4 | 7:44 19 | 44:37 10 | 25:30 16 | 1:17:51 |
| 11 | 103 | Huber, Thomas | TriaAppenweier | 67 | M40 4 | 7:30 11 | 44:54 12 | 25:34 17 | 1:17:58 |
| 12 | 83 | Schnepf, Christian | SG Stern Gaggenau | 78 | M30 2 | 7:39 14 | 44:56 14 | 24:52 11 | 1:18:27* |
| 13 | 154 | Gerber, Martin | ohne | 70 | M40 5 | 7:38 13 | 45:45 19 | 25:38 18 | 1:19:01 |
| 14 | 116 | Rudnik, Alexander | BädergesellschaftKonstan | 87 | M20 1 | 6:18 2 | 46:33 25 | 26:21 25 | 1:19:12 |
| 15 | 114 | Wagner, Thomas | Wagner Racing | 63 | M45 1 | 9:10 46 | 46:46 26 | 23:34 5 | 1:19:30 |
| 16 | 168 | Leppert, Andreas | ohne | 87 | M20 2 | 9:06 42 | 45:30 16 | 25:06 12 | 1:19:42 |
| 17 | 141 | Bahr, Thomas | ohne | 80 | M30 3 | 8:57 38 | 47:15 27 | 23:39 7 | 1:19:51 |
| 18 | 179 | Sebastian, Daniel | ohne | 76 | M30 4 | 8:33 31 | 45:33 17 | 25:53 22 | 1:19:59 |
| 19 | 80 | Hund, Johannes | RSV Staubwolke Haslach | 68 | M40 6 | 10:14 62 | 43:17 7 | 26:40 27 | 1:20:11 |
| 20 | 5 | Bergbach, Roland | TNB Malterdingen | 72 | M35 5 | 8:36 33 | 44:34 9 | 27:14 33 | 1:20:24 |
| 21 | 161 | Heutmann, Hendrik | ohne | 82 | M25 2 | 8:13 28 | 45:50 22 | 26:22 26 | 1:20:25 |
| 22 | 107 | Schmidt, Dieter | Tus Ottenheim | 65 | M45 2 | 9:54 60 | 44:54 12 | 25:45 20 | 1:20:33 |
| 23 | 69 | Wiesler, Daniel | ohne | 93 | M16 2 | 6:39 5 | 48:23 43 | 25:41 19 | 1:20:43 |
| 24 | 95 | Müller, Gabriel | TeamMaurermeisterMüller | 64 | M45 3 | 9:12 47 | 45:11 15 | 27:01 30 | 1:21:24 |
| 25 | 94 | Dickele, Elmar | TeamMaurermeisterMüller | 54 | M55 1 | 8:46 35 | 45:46 20 | 27:02 31 | 1:21:34 |
| 26 | 156 | Göddertz, Volker | ohne | 67 | M40 7 | 8:01 23 | 48:08 41 | 25:46 21 | 1:21:55 |
| 27 | 128 | Keller, Wolfgang | Freiburger FC | 52 | M55 2 | 8:35 32 | 48:06 40 | 25:18 13 | 1:21:59 |
| 28 | 111 | Lang, Simon | TV Riegel | 72 | M35 6 | 7:48 20 | 45:36 18 | 28:49 43 | 1:22:13 |
| 29 | 137 | Strohmeier, Uwe | Multi Sports | 73 | M35 7 | 9:34 57 | 47:29 31 | 25:59 23 | 1:23:02 |
| 30 | 91 | Trescher, Bernhard | SV Kappel Tri Team | 62 | M45 4 | 10:53 71 | 48:36 44 | 23:35 6 | 1:23:04 |
| 31 | 126 | Schäferling, Martin | ENCW Team TSV Calw | 88 | M20 3 | 7:17 8 | 48:02 39 | 27:51 36 | 1:23:10 |
| 32 | 148 | Eckert, Christian | ohne | 84 | M25 3 | 7:28 10 | 47:39 34 | 28:15 39 | 1:23:22 |
| 33 | 167 | Lamest, Steffen | ohne | 75 | M35 8 | 9:03 40 | 47:27 30 | 26:55 29 | 1:23:25 |
| 34 | 135 | Bauer, Carsten | MonkeyRacing | 65 | M45 5 | 8:56 37 | 47:47 35 | 26:44 28 | 1:23:27 |
| 35 | 131 | Kirsch, Oliver | Lauftreff Hochdorf | 71 | M35 9 | 9:05 41 | 47:33 33 | 27:04 32 | 1:23:42 |
| 36 | 152 | Gammon, Adrian | ohne | 71 | M35 10 | 7:53 21 | 46:23 23 | 30:07 53 | 1:24:23 |
| 37 | 144 | Didon, Jean-Philippe | ohne | 67 | M40 8 | 7:41 18 | 47:47 35 | 29:00 45 | 1:24:28 |
| 38 | 173 | Rebstock, Michael | ohne | 76 | M30 5 | 9:18 50 | 47:26 29 | 27:56 37 | 1:24:40 |
| 39 | 106 | Ortlieb, Robert | TUS Obermünstertal | 66 | M40 9 | 9:18 50 | 47:30 32 | 28:02 38 | 1:24:50 |
| 40 | 142 | Balser, Benjamin | ohne | 84 | M25 4 | 7:55 22 | 49:54 49 | 27:16 34 | 1:25:05 |
| 41 | 99 | Schieferdecker, Ralf | Tri Team Heuchelberg | 64 | M45 6 | - - | 56:32 - | 28:37 41 | 1:25:09 |
| 42 | 105 | Kleiser, Charlie | Tri-TeamOberschwärzenb | 65 | M45 7 | 11:15 73 | 47:58 38 | 26:01 24 | 1:25:14 |
| 43 | 171 | McNamara, Shane | ohne | 72 | M35 11 | 8:10 26 | 46:31 24 | 30:42 59 | 1:25:23 |
| 44 | 108 | Scherzer, Karl | TV Eichstetten | 48 | M60 1 | 10:39 66 | 47:20 28 | 28:27 40 | 1:26:26 |
| 45 | 160 | Hasselmann, Martin | ohne | 86 | M20 4 | 9:15 48 | 47:47 35 | 29:32 47 | 1:26:34 |
| 46 | 164 | Kaufmann, Armin | ohne | 62 | M45 8 | 8:04 25 | 48:16 42 | 30:16 55 | 1:26:36 |
| 47 | 93 | Hensle, Bernd | Team Hensle | 72 | M35 12 | 9:28 55 | 49:49 48 | 27:29 35 | 1:26:46 |
| 48 | 82 | Benz, Franz | Schutterwald | 63 | M45 9 | 9:32 56 | 49:05 45 | 29:36 48 | 1:28:13 |
| 49 | 155 | Giesin, Fabian | ohne | 83 | M25 5 | 9:21 52 | 49:39 47 | 29:55 51 | 1:28:55 |
| 50 | 102 | Rehm, Frieder | Tri Team Kaiserstuhl | 64 | M45 10 | 8:01 23 | 52:02 58 | 29:04 46 | 1:29:07 |
| 51 | 87 | Finkes, Martin | SSV Offenburg | 64 | M45 11 | 9:08 43 | 49:58 50 | 30:02 52 | 1:29:08 |
| 52 | 145 | Duffner, Volkmar | ohne | 67 | M40 10 | 10:16 63 | 49:13 46 | 30:54 61 | 1:30:23 |
| 53 | 150 | Funk, Benedikt | ohne | 81 | M25 6 | 9:09 44 | 50:56 55 | 30:35 58 | 1:30:40 |
| 54 | 136 | Klumpp-Diekow, Simon | MonkeyRacing | 81 | M25 7 | 9:26 54 | 51:45 56 | 29:52 49 | 1:31:03 |
| 55 | 123 | Staiger, Jörg | TV Riegel | 66 | M40 11 | 9:41 58 | 50:50 54 | 30:42 59 | 1:31:13 |
| 56 | 132 | Bohner, Reinhard | LG Geroldseck Lahr | 67 | M40 12 | 10:44 69 | 51:47 57 | 28:56 44 | 1:31:27 |
| 57 | 182 | Weidenhammer, Philip | ohne | 80 | M30 6 | 9:16 49 | 53:11 64 | 29:53 50 | 1:32:20 |
| 58 | 112 | Zimmermann, Robert | USC Freiburg | 47 | M60 2 | 10:27 65 | 53:20 65 | 28:48 42 | 1:32:35 |
| 59 | 77 | Metzger, Harry | Powerhouse Öhringen | 60 | M50 1 | 8:59 39 | 52:19 61 | 31:33 65 | 1:32:51 |
| 60 | 97 | Bockstatt, Marco | TNB Malterdingen | 93 | M16 3 | 8:12 27 | 50:44 53 | 34:42 70 | 1:33:38 |

Jedermann am 06.06.2010

Ergebnisliste - Männer

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit |
|-----|-----|-----------------------|-------------------------|----|--------|----------|------------|----------|----------|
| 61 | 133 | Eichhorn, Stefan | LG Geroldseck Lahr | 64 | M45 12 | 9:59 61 | 53:40 66 | 30:13 54 | 1:33:52 |
| 62 | 157 | Haberer, Manfred | ohne | 67 | M40 13 | 10:50 70 | 52:07 60 | 31:03 62 | 1:34:00 |
| 63 | 170 | Männle, Tobias | ohne | 91 | M18 1 | 9:23 53 | 50:41 52 | 34:08 68 | 1:34:12 |
| 64 | 180 | Seckinger, Hans-Jörg | ohne | 59 | M50 2 | 11:26 74 | 52:52 63 | 30:17 56 | 1:34:35 |
| 65 | 147 | Dvorak, Wolfgang | ohne | 64 | M45 13 | 8:16 29 | 52:19 61 | 35:02 71 | 1:35:37 |
| 66 | 92 | Klinge, Torsten | TC Waldbronn | 68 | M40 14 | 8:53 36 | 50:35 51 | 36:19 75 | 1:35:47 |
| 67 | 177 | Schandelmeier, Thomas | ohne | 71 | M35 13 | 8:38 34 | 55:58 68 | 31:21 64 | 1:35:57 |
| 68 | 184 | Zöhner, Ortwin | ohne | 63 | M45 14 | 11:50 75 | 52:04 59 | 32:17 66 | 1:36:11 |
| 69 | 110 | Schwehr, Frank | TV Eendingen | 74 | M35 14 | 11:00 72 | 57:10 70 | 32:53 67 | 1:41:03 |
| 70 | 122 | Leimgruber, Marc | DLRG EM Anja's Chicsaal | 80 | M30 7 | 9:09 44 | 56:07 69 | 35:49 73 | 1:41:05 |
| 71 | 90 | Winter, Carlo | SV Gottenheim | 53 | M55 3 | 12:50 77 | 58:05 73 | 30:21 57 | 1:41:16 |
| 72 | 130 | Kapitan, Jürgen | Kurbelkulture.v. | 62 | M45 15 | 10:40 68 | 54:40 67 | 37:53 76 | 1:43:13 |
| 73 | 71 | Oppitz, Manfred | | 69 | M40 15 | 13:05 79 | 58:17 74 | 31:07 63 | 1:43:29* |
| 74 | 119 | Hirzle, Philipp | Bösch Flüssigsauerstoff | 83 | M25 8 | 10:39 66 | 58:23 75 | 36:10 74 | 1:45:12 |
| 75 | 134 | Kingma, Ralf | LG Geroldseck Lahr | 56 | M50 3 | 13:02 78 | 57:23 71 | 35:17 72 | 1:45:42 |
| 76 | 120 | Karlson, Thomas | CWK Team-Spiridon Frank | 63 | M45 16 | 10:23 64 | 57:31 72 | 40:35 79 | 1:48:29 |
| 77 | 124 | Mücke, Stefan | DLRG EM Anja's Chicsaal | 90 | M20 5 | 9:42 59 | 59:30 76 | 39:34 78 | 1:48:46 |
| 78 | 143 | Cardillo, Fabio | ohne | 86 | M20 6 | 13:07 80 | 1:01:50 77 | 34:21 69 | 1:49:18 |
| 79 | 79 | Krämer, Dirk | Riegeler SC | 71 | M35 15 | 12:37 76 | 1:05:04 78 | 38:42 77 | 1:56:23 |

* Endzeit beinhaltet Zeitstrafe

Jedermann am 06.06.2010

Ergebnisliste - Frauen

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit |
|-----|-----|-----------------------|-------------------------|----|--------|----------|------------|----------|---------|
| 1 | 101 | Förster, Katharina | TV Riegel | 74 | W35 1 | 9:11 9 | 46:21 2 | 25:30 1 | 1:21:02 |
| 2 | 174 | Rödig, Maren | ohne | 85 | W25 1 | 6:15 1 | 47:58 3 | 27:07 5 | 1:21:20 |
| 3 | 172 | Näger, Tina | ohne | 73 | W35 2 | 9:28 10 | 45:56 1 | 27:14 6 | 1:22:38 |
| 4 | 100 | Braun, Tatjana | TV Riegel | 88 | W20 1 | 8:19 5 | 49:24 8 | 25:50 2 | 1:23:33 |
| 5 | 163 | Ivanoff, Fleur | ohne | 75 | W35 3 | 7:42 3 | 48:53 7 | 27:00 4 | 1:23:35 |
| 6 | 104 | Emmenegger, Doris | Tria Basilea | 67 | W40 1 | 9:41 11 | 48:09 4 | 26:58 3 | 1:24:48 |
| 7 | 88 | Hund, Inge | SSV Offenburg | 67 | W40 2 | 9:06 8 | 48:13 5 | 28:39 7 | 1:25:58 |
| 8 | 113 | Heise, Diana | VFL Sindelfingen | 75 | W35 4 | 8:48 7 | 49:34 9 | 29:16 8 | 1:27:38 |
| 9 | 89 | Schilde, Elena | SSV Offenburg | 84 | W25 2 | 7:24 2 | 51:10 10 | 30:40 11 | 1:29:14 |
| 10 | 86 | Braun, Stephanie | SSV Offenburg | 63 | W45 1 | 8:02 4 | 51:31 11 | 30:14 10 | 1:29:47 |
| 11 | 169 | Litolf, Anne-Cécile | ohne | 80 | W30 1 | 8:47 6 | 48:13 5 | 34:41 16 | 1:31:41 |
| 12 | 129 | Böhler, Marion | Hot Bike | 56 | W50 1 | 11:31 16 | 52:05 12 | 31:33 12 | 1:35:09 |
| 13 | 98 | Bodemer, Brigitta | TNB Malterdingen | 52 | W55 1 | 10:21 14 | 54:53 13 | 33:28 14 | 1:38:42 |
| 14 | 121 | Weiher-Karlson, Petra | CWK Team-Spiridon Frank | 65 | W45 2 | 9:52 12 | 56:08 14 | 32:49 13 | 1:38:49 |
| 15 | 153 | Gauerhof, Lydia | ohne | 87 | W20 2 | 10:57 15 | 59:19 15 | 29:21 9 | 1:39:37 |
| 16 | 176 | Ruder, Rita | ohne | 61 | W45 3 | 13:07 17 | 1:00:52 16 | 34:06 15 | 1:48:05 |

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Ergebnisliste - TM 16-17

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit |
|-----|-----|---------------------|------------------|----|--------|--------|---------|---------|---------|
| 1 | 118 | Rothenbücher, Denis | Berglen | 93 | M16 1 | 6:34 1 | 45:46 1 | 25:27 1 | 1:17:47 |
| 2 | 69 | Wiesler, Daniel | ohne | 93 | M16 2 | 6:39 2 | 48:23 2 | 25:41 2 | 1:20:43 |
| 3 | 97 | Bockstatt, Marco | TNB Malterdingen | 93 | M16 3 | 8:12 3 | 50:44 3 | 34:42 3 | 1:33:38 |

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Ergebnisliste - TM 18-19

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit |
|-----|-----|----------------|------------|----|--------|--------|---------|---------|---------|
| 1 | 170 | Männle, Tobias | ohne | 91 | M18 1 | 9:23 1 | 50:41 1 | 34:08 1 | 1:34:12 |

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Ergebnisliste - TM 20-24

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit |
|-----|-----|---------------------|--------------------------|----|--------|---------|-----------|---------|---------|
| 1 | 116 | Rudnik, Alexander | BädergesellschaftKonstan | 87 | M20 1 | 6:18 1 | 46:33 2 | 26:21 2 | 1:19:12 |
| 2 | 168 | Leppert, Andreas | ohne | 87 | M20 2 | 9:06 3 | 45:30 1 | 25:06 1 | 1:19:42 |
| 3 | 126 | Schäferling, Martin | ENCW Team TSV Calw | 88 | M20 3 | 7:17 2 | 48:02 4 | 27:51 3 | 1:23:10 |
| 4 | 160 | Hasselmann, Martin | ohne | 86 | M20 4 | 9:15 4 | 47:47 3 | 29:32 4 | 1:26:34 |
| 5 | 124 | Mücke, Stefan | DLRG EM Anja's Chicsaal | 90 | M20 5 | 9:42 5 | 59:30 5 | 39:34 6 | 1:48:46 |
| 6 | 143 | Cardillo, Fabio | ohne | 86 | M20 6 | 13:07 6 | 1:01:50 6 | 34:21 5 | 1:49:18 |

Jedermann am 06.06.2010

Ergebnisliste - TW 20-24

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit |
|-----|-----|-----------------|------------|----|--------|---------|---------|---------|---------|
| 1 | 100 | Braun, Tatjana | TV Riegel | 88 | W20 1 | 8:19 1 | 49:24 1 | 25:50 1 | 1:23:33 |
| 2 | 153 | Gauerhof, Lydia | ohne | 87 | W20 2 | 10:57 3 | 59:19 2 | 29:21 2 | 1:39:37 |

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Ergebnisliste - TM 25-29

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit |
|-----|-----|----------------------|-------------------------|----|--------|---------|---------|---------|---------|
| 1 | 159 | Hasselmann, Johannes | ohne | 84 | M25 1 | 7:01 1 | 43:25 1 | 21:08 1 | 1:11:34 |
| 2 | 161 | Heutmann, Hendrik | ohne | 82 | M25 2 | 8:13 4 | 45:50 2 | 26:22 2 | 1:20:25 |
| 3 | 148 | Eckert, Christian | ohne | 84 | M25 3 | 7:28 2 | 47:39 3 | 28:15 4 | 1:23:22 |
| 4 | 142 | Balser, Benjamin | ohne | 84 | M25 4 | 7:55 3 | 49:54 5 | 27:16 3 | 1:25:05 |
| 5 | 155 | Giesin, Fabian | ohne | 83 | M25 5 | 9:21 6 | 49:39 4 | 29:55 6 | 1:28:55 |
| 6 | 150 | Funk, Benedikt | ohne | 81 | M25 6 | 9:09 5 | 50:56 6 | 30:35 7 | 1:30:40 |
| 7 | 136 | Klumpp-Diekow, Simon | MonkeyRacing | 81 | M25 7 | 9:26 7 | 51:45 7 | 29:52 5 | 1:31:03 |
| 8 | 119 | Hirzle, Philipp | Bösch Flüssigsauerstoff | 83 | M25 8 | 10:39 8 | 58:23 8 | 36:10 8 | 1:45:12 |

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Ergebnisliste - TW 25-29

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit |
|-----|-----|----------------|---------------|----|--------|--------|---------|---------|---------|
| 1 | 174 | Rödig, Maren | ohne | 85 | W25 1 | 6:15 1 | 47:58 1 | 27:07 1 | 1:21:20 |
| 2 | 89 | Schilde, Elena | SSV Offenburg | 84 | W25 2 | 7:24 2 | 51:10 2 | 30:40 2 | 1:29:14 |

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Ergebnisliste - TM 30-34

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit |
|-----|-----|----------------------|-------------------------|----|--------|--------|---------|---------|----------|
| 1 | 78 | Schrempf, Michael | Printus | 80 | M30 1 | 7:40 4 | 43:06 1 | 21:52 1 | 1:12:38 |
| 2 | 83 | Schnepf, Christian | SG Stern Gaggenau | 78 | M30 2 | 7:39 3 | 44:56 2 | 24:52 3 | 1:18:27* |
| 3 | 141 | Bahr, Thomas | ohne | 80 | M30 3 | 8:57 6 | 47:15 4 | 23:39 2 | 1:19:51 |
| 4 | 179 | Sebastian, Daniel | ohne | 76 | M30 4 | 8:33 5 | 45:33 3 | 25:53 4 | 1:19:59 |
| 5 | 173 | Rebstock, Michael | ohne | 76 | M30 5 | 9:18 9 | 47:26 5 | 27:56 5 | 1:24:40 |
| 6 | 182 | Weidenhammer, Philip | ohne | 80 | M30 6 | 9:16 8 | 53:11 6 | 29:53 6 | 1:32:20 |
| 7 | 122 | Leimgruber, Marc | DLRG EM Anja's Chicsaal | 80 | M30 7 | 9:09 7 | 56:07 7 | 35:49 7 | 1:41:05 |

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Ergebnisliste - TM 30-34

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit |
|-----|-----|---------------|------------|----|--------|------|------|-----|---------|
|-----|-----|---------------|------------|----|--------|------|------|-----|---------|

* Endzeit beinhaltet Zeitstrafe

Jedermann am 06.06.2010

Ergebnisliste - TW 30-34

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit |
|-----|-----|---------------------|------------|----|--------|--------|---------|---------|---------|
| 1 | 169 | Litolf, Anne-Cécile | ohne | 80 | W30 1 | 8:47 1 | 48:13 1 | 34:41 1 | 1:31:41 |

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Ergebnisliste - TM 35-39

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit |
|-----|-----|-----------------------|------------------------|----|--------|----------|------------|----------|---------|
| 1 | 84 | Ebert, Christian | SH/SpeedzoneHerbolzhei | 74 | M35 1 | 7:32 2 | 41:37 1 | 23:00 1 | 1:12:09 |
| 2 | 138 | Schneider, Elmar | MusikvereinGroßweier | 75 | M35 2 | 8:27 7 | 42:59 2 | 24:20 2 | 1:15:46 |
| 3 | 115 | Zeinhofer, Heiko | Waldmatt | 71 | M35 3 | 6:23 1 | 44:38 5 | 25:20 3 | 1:16:21 |
| 4 | 81 | Nowak, Stefan | RSV Wyhl/Speezone Herb | 72 | M35 4 | 7:44 3 | 44:37 4 | 25:30 4 | 1:17:51 |
| 5 | 5 | Bergbach, Roland | TNB Malterdingen | 72 | M35 5 | 8:36 8 | 44:34 3 | 27:14 8 | 1:20:24 |
| 6 | 111 | Lang, Simon | TV Riegel | 72 | M35 6 | 7:48 4 | 45:36 6 | 28:49 10 | 1:22:13 |
| 7 | 137 | Strohmeier, Uwe | Multi Sports | 73 | M35 7 | 9:34 13 | 47:29 10 | 25:59 5 | 1:23:02 |
| 8 | 167 | Lamest, Steffen | ohne | 75 | M35 8 | 9:03 10 | 47:27 9 | 26:55 6 | 1:23:25 |
| 9 | 131 | Kirsch, Oliver | Lauftreff Hochdorf | 71 | M35 9 | 9:05 11 | 47:33 11 | 27:04 7 | 1:23:42 |
| 10 | 152 | Gammon, Adrian | ohne | 71 | M35 10 | 7:53 5 | 46:23 7 | 30:07 11 | 1:24:23 |
| 11 | 171 | McNamara, Shane | ohne | 72 | M35 11 | 8:10 6 | 46:31 8 | 30:42 12 | 1:25:23 |
| 12 | 93 | Hensle, Bernd | Team Hensle | 72 | M35 12 | 9:28 12 | 49:49 12 | 27:29 9 | 1:26:46 |
| 13 | 177 | Schandelmeier, Thomas | ohne | 71 | M35 13 | 8:38 9 | 55:58 13 | 31:21 13 | 1:35:57 |
| 14 | 110 | Schwehr, Frank | TV Endingen | 74 | M35 14 | 11:00 14 | 57:10 14 | 32:53 14 | 1:41:03 |
| 15 | 79 | Krämer, Dirk | Riegeler SC | 71 | M35 15 | 12:37 15 | 1:05:04 15 | 38:42 15 | 1:56:23 |

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Ergebnisliste - TW 35-39

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit |
|-----|-----|--------------------|------------------|----|--------|--------|---------|---------|---------|
| 1 | 101 | Förster, Katharina | TV Riegel | 74 | W35 1 | 9:11 3 | 46:21 2 | 25:30 1 | 1:21:02 |
| 2 | 172 | Näger, Tina | ohne | 73 | W35 2 | 9:28 4 | 45:56 1 | 27:14 3 | 1:22:38 |
| 3 | 163 | Ivanoff, Fleur | ohne | 75 | W35 3 | 7:42 1 | 48:53 3 | 27:00 2 | 1:23:35 |
| 4 | 113 | Heise, Diana | VFL Sindelfingen | 75 | W35 4 | 8:48 2 | 49:34 4 | 29:16 4 | 1:27:38 |

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Ergebnisliste - TM 40-44

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit |
|-----|-----|----------------------|-------------------------|----|--------|----------|----------|----------|---------|
| 1 | 117 | Näger, Udo | A- Werk | 68 | M40 1 | 7:39 4 | 39:56 1 | 22:32 1 | 1:10:07 |
| 2 | 85 | Schüssele, Roland | SH/SpeedzoneHerbolzhei | 70 | M40 2 | 7:40 5 | 41:25 2 | 24:08 2 | 1:13:13 |
| 3 | 125 | Oberle, Ralf | DLRG EM Anja's Chicsaal | 68 | M40 3 | 7:21 1 | 42:03 3 | 24:37 3 | 1:14:01 |
| 4 | 103 | Huber, Thomas | Tria Appenweier | 67 | M40 4 | 7:30 2 | 44:54 5 | 25:34 4 | 1:17:58 |
| 5 | 154 | Gerber, Martin | ohne | 70 | M40 5 | 7:38 3 | 45:45 6 | 25:38 5 | 1:19:01 |
| 6 | 80 | Hund, Johannes | RSV Staubwolke Haslach | 68 | M40 6 | 10:14 11 | 43:17 4 | 26:40 7 | 1:20:11 |
| 7 | 156 | Göddertz, Volker | ohne | 67 | M40 7 | 8:01 7 | 48:08 9 | 25:46 6 | 1:21:55 |
| 8 | 144 | Didon, Jean-Philippe | ohne | 67 | M40 8 | 7:41 6 | 47:47 8 | 29:00 10 | 1:24:28 |
| 9 | 106 | Ortlieb, Robert | TUS Obermünstertal | 66 | M40 9 | 9:18 9 | 47:30 7 | 28:02 8 | 1:24:50 |
| 10 | 145 | Duffner, Volkmar | ohne | 67 | M40 10 | 10:16 12 | 49:13 10 | 30:54 12 | 1:30:23 |
| 11 | 123 | Staiger, Jörg | TV Riegel | 66 | M40 11 | 9:41 10 | 50:50 12 | 30:42 11 | 1:31:13 |
| 12 | 132 | Bohner, Reinhard | LG Geroldseck Lahr | 67 | M40 12 | 10:44 13 | 51:47 13 | 28:56 9 | 1:31:27 |

Jedermann am 06.06.2010

Ergebnisliste - TM 40-44

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit |
|-----|-----|------------------|--------------|----|--------|----------|----------|----------|----------|
| 13 | 157 | Haberer, Manfred | ohne | 67 | M40 13 | 10:50 14 | 52:07 14 | 31:03 13 | 1:34:00 |
| 14 | 92 | Klinge, Torsten | TC Waldbronn | 68 | M40 14 | 8:53 8 | 50:35 11 | 36:19 15 | 1:35:47 |
| 15 | 71 | Oppitz, Manfred | | 69 | M40 15 | 13:05 15 | 58:17 15 | 31:07 14 | 1:43:29* |

* Endzeit beinhaltet Zeitstrafe

Jedermann am 06.06.2010

Ergebnisliste - TW 40-44

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit |
|-----|-----|-------------------|---------------|----|--------|--------|---------|---------|---------|
| 1 | 104 | Emmenegger, Doris | Tria Basilea | 67 | W40 1 | 9:41 2 | 48:09 1 | 26:58 1 | 1:24:48 |
| 2 | 88 | Hund, Inge | SSV Offenburg | 67 | W40 2 | 9:06 1 | 48:13 2 | 28:39 2 | 1:25:58 |

Jedermann am 06.06.2010

Ergebnisliste - TM 45-49

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit |
|-----|-----|----------------------|-------------------------|----|--------|----------|----------|----------|---------|
| 1 | 114 | Wagner, Thomas | Wagner Racing | 63 | M45 1 | 9:10 6 | 46:46 3 | 23:34 1 | 1:19:30 |
| 2 | 107 | Schmidt, Dieter | Tus Ottenheim | 65 | M45 2 | 9:54 9 | 44:54 1 | 25:45 3 | 1:20:33 |
| 3 | 95 | Müller, Gabriel | TeamMaurermeisterMüller | 64 | M45 3 | 9:12 7 | 45:11 2 | 27:01 6 | 1:21:24 |
| 4 | 91 | Trescher, Bernhard | SV Kappel Tri Team | 62 | M45 4 | 10:53 13 | 48:36 7 | 23:35 2 | 1:23:04 |
| 5 | 135 | Bauer, Carsten | MonkeyRacing | 65 | M45 5 | 8:56 4 | 47:47 4 | 26:44 5 | 1:23:27 |
| 6 | 99 | Schieferdecker, Ralf | Tri Team Heuchelberg | 64 | M45 6 | - - | 56:32 - | 28:37 7 | 1:25:09 |
| 7 | 105 | Kleiser, Charlie | Tri-TeamOberschwärzenb | 65 | M45 7 | 11:15 14 | 47:58 5 | 26:01 4 | 1:25:14 |
| 8 | 164 | Kaufmann, Armin | ohne | 62 | M45 8 | 8:04 2 | 48:16 6 | 30:16 12 | 1:26:36 |
| 9 | 82 | Benz, Franz | Schutterwald | 63 | M45 9 | 9:32 8 | 49:05 8 | 29:36 9 | 1:28:13 |
| 10 | 102 | Rehm, Frieder | Tri Team Kaiserstuhl | 64 | M45 10 | 8:01 1 | 52:02 10 | 29:04 8 | 1:29:07 |
| 11 | 87 | Finkes, Martin | SSV Offenburg | 64 | M45 11 | 9:08 5 | 49:58 9 | 30:02 10 | 1:29:08 |
| 12 | 133 | Eichhorn, Stefan | LG Geroldseck Lahr | 64 | M45 12 | 9:59 10 | 53:40 13 | 30:13 11 | 1:33:52 |
| 13 | 147 | Dvorak, Wolfgang | ohne | 64 | M45 13 | 8:16 3 | 52:19 12 | 35:02 14 | 1:35:37 |
| 14 | 184 | Zöhner, Ortwin | ohne | 63 | M45 14 | 11:50 15 | 52:04 11 | 32:17 13 | 1:36:11 |
| 15 | 130 | Kapitan, Jürgen | Kurbelkulture.v. | 62 | M45 15 | 10:40 12 | 54:40 14 | 37:53 15 | 1:43:13 |
| 16 | 120 | Karlson, Thomas | CWK Team-Spiridon Frank | 63 | M45 16 | 10:23 11 | 57:31 15 | 40:35 16 | 1:48:29 |

Jedermann am 06.06.2010

Ergebnisliste - TW 45-49

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit |
|-----|-----|-----------------------|-------------------------|----|--------|---------|-----------|---------|---------|
| 1 | 86 | Braun, Stephanie | SSV Offenburg | 63 | W45 1 | 8:02 1 | 51:31 1 | 30:14 1 | 1:29:47 |
| 2 | 121 | Weiher-Karlson, Petra | CWK Team-Spiridon Frank | 65 | W45 2 | 9:52 2 | 56:08 2 | 32:49 2 | 1:38:49 |
| 3 | 176 | Ruder, Rita | ohne | 61 | W45 3 | 13:07 3 | 1:00:52 3 | 34:06 3 | 1:48:05 |

Jedermann am 06.06.2010

Ergebnisliste - TM 50-54

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit |
|-----|-----|----------------------|---------------------|----|--------|---------|---------|---------|---------|
| 1 | 77 | Metzger, Harry | Powerhouse Öhringen | 60 | M50 1 | 8:59 1 | 52:19 1 | 31:33 2 | 1:32:51 |
| 2 | 180 | Seckinger, Hans-Jörg | ohne | 59 | M50 2 | 11:26 2 | 52:52 2 | 30:17 1 | 1:34:35 |
| 3 | 134 | Kingma, Ralf | LG Geroldseck Lahr | 56 | M50 3 | 13:02 3 | 57:23 3 | 35:17 3 | 1:45:42 |

Jedermann am 06.06.2010

Ergebnisliste - TW 50-54

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit |
|-----|-----|----------------|------------|----|--------|---------|---------|---------|---------|
| 1 | 129 | Böhler, Marion | Hot Bike | 56 | W50 1 | 11:31 1 | 52:05 1 | 31:33 1 | 1:35:09 |

Jedermann am 06.06.2010

Ergebnisliste - TM 55-59

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit |
|-----|-----|------------------|-------------------------|----|--------|---------|---------|---------|---------|
| 1 | 94 | Dickele, Elmar | TeamMaurermeisterMüller | 54 | M55 1 | 8:46 2 | 45:46 1 | 27:02 2 | 1:21:34 |
| 2 | 128 | Keller, Wolfgang | Freiburger FC | 52 | M55 2 | 8:35 1 | 48:06 2 | 25:18 1 | 1:21:59 |
| 3 | 90 | Winter, Carlo | SVGottenheim | 53 | M55 3 | 12:50 3 | 58:05 3 | 30:21 3 | 1:41:16 |

Jedermann am 06.06.2010

Ergebnisliste - TW 55-59

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit |
|-----|-----|-------------------|------------------|----|--------|---------|---------|---------|---------|
| 1 | 98 | Bodemer, Brigitta | TNB Malterdingen | 52 | W55 1 | 10:21 1 | 54:53 1 | 33:28 1 | 1:38:42 |

Jedermann am 06.06.2010

Ergebnisliste - TM 60-64

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Swim | Bike | Run | Endzeit |
|-----|-----|--------------------|----------------|----|--------|---------|---------|---------|---------|
| 1 | 108 | Scherzer, Karl | TV Eichstetten | 48 | M60 1 | 10:39 2 | 47:20 1 | 28:27 1 | 1:26:26 |
| 2 | 112 | Zimmermann, Robert | USC Freiburg | 47 | M60 2 | 10:27 1 | 53:20 2 | 28:48 2 | 1:32:35 |

Staffel am 06.06.2010

Ergebnisliste Staffel

| Rng | Snr | Verein/Ort | Teilnehmer 1 | Swim | Teilnehmer 2 | Bike | Teilnehmer 3 | Run | Endzeit |
|-----|-----|----------------------------------|--------------------|-------|-----------------------|---------|-------------------|-------|---------|
| 1 | 186 | KDW | Köppen,Katrin | 6:59 | Dinkel, Frank | 42:23 | Wagner, Jürgen | 21:44 | 1:11:06 |
| 2 | 194 | KUMAEP | Kuss, Rainer | 9:19 | Mantik, Manfred | 41:35 | Epple, Fabian | 22:54 | 1:13:48 |
| 3 | 197 | Die Fanta-Drei aus St. Anton | Rummert-Fein, Jens | 7:20 | Behringer, Wolfgang | 43:53 | Binder, Manuel | 23:25 | 1:14:38 |
| 4 | 196 | Die Mordssportler | Schwarz, Hubert | 6:42 | Döpfer, Gerd | 50:51 | Ottad, Dominik | 23:05 | 1:20:38 |
| 5 | 191 | Team Zahnrad | Karman, Christophe | 9:04 | Hopfener, Klaus | 46:38 | Karman, Frederick | 25:43 | 1:21:25 |
| 6 | 192 | Team Snickers | Köbel, Stefan | 10:04 | Brauer, Maik | 46:25 | Oettle, Ilona | 24:58 | 1:21:27 |
| 7 | 193 | Formel 1 | Schneider, Sven | 7:05 | Schneider, Kuno | 50:29 | Brenn, Thomas | 24:29 | 1:22:03 |
| 8 | 188 | SFZ Riegel | Engler, Claudia | 7:55 | Doraciak, Michael | 52:24 | Gerber, Christoph | 25:34 | 1:25:53 |
| 9 | 195 | Die Könige der Götterspeise | Schott, Raphael | 9:30 | Schott, Stefan | 47:16 | Schinder, Dominik | 34:04 | 1:30:50 |
| 10 | 198 | Die Dreisten Drei, je oller dest | Schätzle, Wolfgang | 10:36 | Kirschberger, Dietmar | 51:23 | Oberle, Manuela | 37:40 | 1:39:39 |
| 11 | 190 | Triple M | Heinz, Mareike | 9:27 | Hassel, Michael | 1:03:29 | Greule, Maren | 28:21 | 1:41:17 |
| 12 | 189 | Dental-Team | Görke, Petra | 11:16 | Dr. Hübner, Christine | 59:14 | Döpfer, Birgit | 38:22 | 1:48:52 |